

SET THE PACE TO PREVENT COLON CANCER!

Be sure to Pre-Register!

Iron Hill Brewery

710 South Madison Street
Wilmington Riverfront

Saturday

August 14th, 8:45am

6TH ANNUAL
PACE FOR PREVENTION
2010



Amenities

T Shirts, Prizes, and Post Race Party on the Iron Hill Brewery patio. Continental breakfast buffet, including Mimosa's & Iron Hill Beer

Awards

- Overall male and female
- Top 3 finishers in 5 year age groups, 13 & under through 70 & over.
- Top 3 male and female walkers

Entry Fee

\$20 pre registered until August 13th. \$25 day of event.
\$15 for students until August 13th. \$20 day of event for students. Race entry FREE* to all runners who produce \$50 or more in pledges.

* Simply collect the pledges from family, friends, or colleagues, and produce the pledges at the race day registration table to receive your free entry. Please have pledge checks from donors made payable to TCCPF.

www.pace4prevention.org



IRON HILL
BREWERY & RESTAURANT

Jim O'Hara
Realty Associates



WILMINGTON TRUST



Races2Run.com



Jack Lingo
REALTOR

Entry Info.: Make registration checks payable to TCCPF.

Contact Info: For more information, contact Jim Tancredi at 302-222-7574 or jtancredi@tccpf.org

Mail Form To: Pace for Prevention, c/o TCCPF, P.O. Box 403, Odessa, DE 19730

PACE FOR PREVENTION 5K RUN / WALK

(Please print neatly)



Name: _____

Address: _____

City: _____ State: _____ Zip Code: _____

Telephone: (_____) - _____ - _____ Age (day of race) : _____ Sex(circle): M or F

Birth Date: ___/___/_____ T-Shirt Size (circle): S, M, L, XL, or 2XL Event (circle): 5k Run or 5k Walk

E-mail: _____

Signature: _____

(parents signature if under 18)

Please discourage unofficial entrants (bandits) from competing in our races. Bandits consume scarce resources and can delay or inhibit accurate race results. Unregistered runners, running with dogs, strollers, rollerblades, bicycles and the wearing of headphones are prohibited on the race course at any time to ensure runners' safety and to comply with liability insurance standards.

In consideration of this entry being accepted, I, intending to be legally bound, hereby for myself, my heirs, executors, administrators, waive and release any and all rights I may have against the organization holding this event, its agents, representatives, successors and assigns for any and all injuries suffered by me at said race.

NO REFUNDS - THE RACE DIRECTOR RESERVES THE RIGHT TO REJECT ANY ENTRY